



Warwick Workouts
Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

Rising Stars Basketball Camp - Rugby

Camp Date: July 23-25

Location: Rugby High School Gym

Session 1

3rd-5th Grade Boys/Girls

Wednesday, July 23 2:00 – 4:00 p.m.
Thursday, July 24 9:00 – 11:00 a.m.
Friday, July 25 9:00 – 11:00 a.m.

Cost: \$130

Session 2

6th-8th Grade Boys/Girls

Wednesday, July 23 5:00 – 7:30 p.m.
Thursday, July 24 11:30 – 2:00 p.m.
Friday, July 25 11:30 – 2:00 p.m.

Cost: \$145

All athletes will receive Warwick Workout gear

- Rising Stars Camp shorts
- Rising Stars Camp T-shirt
- Basketball
- Water bottle

Camp Overview

Warwick Workouts Rising Stars Basketball Camps are offensive skill development camps designed to challenge each athlete at their respected grade level. Athletes will learn the foundation of basketball, starting with fundamentals of ball handling, including stationary, two-ball dribble series and full-court ball handling. The camp will also focus on shooting technique through drills, such as pre-practice shooting program, shooting off the dribble and much more. These camps are for the player who is truly interested in becoming a skilled basketball player.



**FOR THE
SERIOUS
PLAYER!**

**For more information,
visit our website at WarwickWorkouts.com
or contact us at warwickworkouts@gmail.com**



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CAMP COACHES

Shane Warwick

Coach Warwick has spent the past 10 years focusing on player development with an emphasis on advanced offensive skills through camps and clinics with Warwick Workouts. Shane works with elementary, middle and high school athletes throughout the U.S. and overseas. He has also worked with college programs, and individual collegiate and professional athletes. He is regarded as the best personal workout instructor in the nation by *Reggie Brown of Priority Sports* in Chicago, Ill.

Greg Foster

Coach Foster has 25 years of coaching experience in South Dakota and North Dakota, as well as 20 years of officiating experience. Greg has conducted summer camps and clinics throughout the Midwest and is devoted to helping athletes improve through skill development. He brings a wealth of knowledge and energy to the court.

Contact Greg Foster with any camp questions
(701) 208-1341 gregfoster.fbi@gmail.com



Rising Stars Registration Form

To register for Rising Stars Camp please send registration and full camp payment to

Greg Foster
35C Country Rd
Rugby, ND 58368

Please make checks payable to: Avera Sports

Name of athlete _____ Grade _____

Session 1 (3rd-5th Grade) \$130

Session 2 (6th-8th Grade) \$145

Parent name _____

Contact number _____

Email address _____

T-shirt size: S M L XL (adult sizes)

Rugby Rising Stars Basketball Camp

3rd - 5th Grade and 6th - 8th Grade

Camp Date: July 23-25

Camp Waiver and Medical Insurance Information

All camp athletes must have a family medical insurance policy. This information must be provided on this registration form. I/we hereby request that you accept the application of _____ (athlete) in the Warwick Workouts Rising Stars Basketball Camp during the dates set forth in this application and in consideration of your acceptance, I/we hereby release Avera, all camp coaches, any camp sponsors and all their employees and agents from claims on account of any injuries which may be sustained by my/our child while attending the camp, and my/our claims hereafter may be presented by my/our child as a result of any such injuries. I/we also certify that he/she is medically fit to participate in this camp. If an emergency arises, I/we release my/our child to receive emergency medical treatment and authorize releasing any information needed to file a medical insurance claim. Warwick Workouts Rising Stars Basketball Camp, coaches and sponsors are not responsible for lost or stolen items.

Medical insurance company and policy number

Parent signature

Date